



Study Massage



WELLPARK
Leading Natural Therapies

The art of massage has been used since time immemorial. Touch to heal is instinctive and part of what makes us human. The scope of massage and remedial therapy is wide-ranging from relaxation massage to full structural remedial work, from energetic to the more physical and physiological approach for sports therapy.

Certificate in Relaxation Massage

NZQA Accredited

Level 5, 60 Credits

Full time for 6 months

Commences February 2018

**All courses run subject to numbers*

The Certificate starts by providing you with a sound basis of anatomy and physiology. You are then introduced to the principles of healing touch and how massage can be used as a healing medium. You will learn a range of massage strokes and techniques relative to relaxation. Supervised clinical practice is undertaken so that you will gain confidence in using massage techniques you have learnt in a professional setting.

Entry Criteria

Applicants should be at least 18 years of age prior to the commencement of their course of study.

Applicants under 18 years of age may be considered if they have gained NCEA level 2 **or** Sixth Form Certificate in Chemistry and Biology **or** are willing to undertake additional pre-requisite.

Students must have no communicable diseases, physical or psychological impairments which may adversely affect the ability to undertake a course of study or work with people in a clinical setting.

All applicants are required to submit a short essay stating their reasons for wishing to pursue a programme of study in natural therapies and/or provide a curriculum vitae and references as part of their application submitted prior to their interview with the Programme Leader.

All students must have a current First Aid Certificate before commencing the clinical component of the programme.

English language requirements

All students must demonstrate competence in written and spoken English. The College has increased its requirement for English proficiency.

Students whose first language is neither English nor Maori shall provide IELTS results (academic) with a minimum band score of 5.5 overall and not less than 5 in each band or evidence of a comparable level of proficiency in written and spoken English.

International students please refer to the international students page of our website or contact the Enrolment Advisor at enrolmentadvisor@wellpark.co.nz

Accreditation

Graduates are qualified to apply for membership of Massage New Zealand.

Career Opportunities

The Certificate in Relaxation Massage is a great beginning to a career in massage therapy and will provide you with the skills and experience to embark on a variety of careers:

- Working with people to relieve stress and enhance wellbeing.
- Private practice.
- Practitioner within an integrative clinic.
- Spa or health club.
- Resorts, cruise ships, hotels.

'Wellpark College graduates enter the industry as knowledgeable, practical and experienced therapists. Their professionalism and therapeutic massage skills are highly valued by my company. I am impressed by their high standard of professional integrity, vital in the massage industry. Wellpark continually produces exceptional therapists that easily rise about industry standards.'

Joddy Cheong,
Owner of Eternity Health Massage